

# Assistance

- TBLD Foundation - financial assistance and case management for those over 55 with a limited income who have lived in the area for 6 months or more.
  - Carlisle Area Family Life Center, 155 N. Hanover St, Carlisle, PA 17013  
717-243-1918. Diapers, maternity clothes, baby clothes, formula, cribs, strollers.
  - Child Care Network Financial support for day care costs for low-income people working or going to school. Waiting list. Phone: 717-210-3334. Toll Free: 1-800-864-4925. E-mail: [info@childcareconsultants.org](mailto:info@childcareconsultants.org)
  - Community CARES – longer term shelter and resource center to help you get back on your feet, and screening to get on the housing list. 50 West Penn, 717-249-1009
  - Cumberland County Emergency Rental Assistance Program – help with rent and/or utilities after loss of income/loss of home due to or during COVID. 114 N Hanover St., or call 717-249-0789 or email [rentrelief@cchra.com](mailto:rentrelief@cchra.com). Website for more information [www.CCHRA.com](http://www.CCHRA.com) (see application).
  - Advance Child Tax Credit- \$300/month for child under 6, \$250/month for child 6 and up. Enroll / check your status at IRS website, search Advance Child Tax Credit. Does not affect other benefits.
  - Cumberland County Homeless Assistance Program (HAP) – for people with an income who are homeless or at risk of homelessness. Last name A – M call 717.240.6117. Last name N – Z call 717.240.6112.  
[www.ccpa.net/226/Homeless-Assistance-Program](http://www.ccpa.net/226/Homeless-Assistance-Program) (handout)\
  - His Hands Auto Repair Ministry Vehicle repairs and inspections.  
730 N College St, 717-258-5483
  - Join Hands – Perry County  
(717) 582-7844
- LIHEAP – from 10/18/2021 – 05/06/2022. Helps low-income people with heating costs. One-time payment to your heating utility, this year \$500. Can include oil, pellets, propane etc. Also has Crisis money for emergencies when there is no heat at all. Apply at COMPASS web site or Cumberland County Assistance office, 33 Westminster Dr. 717-240-2700 [www.compass.state.pa.us](http://www.compass.state.pa.us) (application)

- Maranatha – Financial management, bill paying service, help with budgeting. Please call 717-258-1000 or email [information@maranatha-carlisle.org](mailto:information@maranatha-carlisle.org) to schedule your meeting. (handout)
  - Met Ed PCAP, administered by Dollar Energy Fund, helps customers maintain electric service and eliminate their past-due balance by offering a reduced bill that is based on a percentage of income. Dollar Energy Fund 1-888-282-6816
  - Mission Central  
Pleasant View Drive, Mechanicsburg, PA 17050  
[www.missioncentral.org](http://www.missioncentral.org)  
(717) 766-1533
  - My Brother's Table - free meals "to go" for all, behind 20 E Pomfret St., Salvation Army. 4:30 PM Monday-Friday, 12:00 PM Saturday, and 5:00 PM Sunday
  - New Hope Ministries  
5228 East trindle Rd., Mechanicsburg, PA 17055  
[www.nhm-pa.org](http://www.nhm-pa.org)  
(717) 766-7333
- New Life Church - LifeCycle bicycle program.  
Earn a bicycle by doing community service. 64 E North St, 717-240-0060.
- PPL On Track offers a lower fixed monthly electricity payment and debt forgiveness to income eligible customers. Call Tri County Community Action. 717-232-9757
  - Project SHARE and Farmstand – free weekly food distribution; delivery can be made for those without transportation. (see handout for schedule)
  - SNAP/Food Stamps - Apply using COMPASS website [www.compass.state.pa.us](http://www.compass.state.pa.us) or through Cumberland County Assistance Office, 33 Westminster Dr., 717-240-2700
  - United Way Heating Coalition can help low-income people with heating oil, propane, kerosene, pellets, etc. after LIHEAP initial and crisis monies have been applied for/used. 717-243-4805

# Counseling & Support Groups

## **Alcohol Awareness Council**

Providing pertinent information related to drug and alcohol abuse treatment in Mechanicsburg, PA

<http://www.rehabs.com>

<http://www.withdrawal.net/resources>

## **Christian Counseling Services**

(717) 249-7410

## **DIAKON**

Aiding people of all faiths through compassionate service, gracious hospitality and charitable care.

<https://www.diakon.org/>

(717) 795-0330

## **Juniper Tree Counseling**

135 West Simpson St., Mechanicsburg, PA 17055

(717) 766-4611

## **Mechanicsburg Counseling Clinic**

5120 Simpson Ferry Rd., Mechanicsburg, PA 17055

(717) 697-0907

## **PA Counseling Services**

(717) 145-9255

## **Safe Harbor Christian Counseling**

1775 Lambs Gap Rd., Mechanicsburg, PA 17050

(800) 305-2089

## **Someone To Tell It To**    Personal Christian Counselors

We listen in pairs to anyone who needs to feel heard, advocate for the practice of compassionate listening, and educate others about how to be better listeners in their workplaces and communities.    <https://someonetotellitto.org>

## **Teen Challenge**

(717) 307-9320

### **Tressler Counseling Services**

960 Century Dr., Mechanicsburg, PA 17050  
(717) 795-0330

### **United Methodist Children's Home**

(717) 697-5126

[www.umheservices.com](http://www.umheservices.com)

## **Employment (Career Training)**

### **Career Link**

1 Alexandria Court, Carlisle, PA 17015

[www.ewds.state.pa.us](http://www.ewds.state.pa.us)

(717) 243-4431

### **New Hope Ministries**

With locations in Enola, Hanover, Littlestown, Mechanicsburg, New Oxford, Lemoyne

[www.nhm-pa.org](http://www.nhm-pa.org)

(717) 766-7333 (Mechanicsburg Ofc)

# Child Care

## **Child Care Network**

www.childcarenetwork.net

(866) 521-5437

## **Children & Youth, Mechanicsburg**

(717) 697-0371

## **C & T Baptist**

[www.ctbc.org](http://www.ctbc.org)

(717) 697-6687

## **Child Time Day Care**

[www.childtime.com](http://www.childtime.com)

(717) 249-4689

(877) 624-2602

## **Wesley UMC Day Care, Marysville, PA**

(717) 957-4421

## **Single Mother Grants**

Helping low income families with finding financial assistance programs. Our directory lists assistance programs that help with utility, energy, mortgage, rent, and medical bills.

<http://singlemothergrants.org>